



POYA 
THE ESSENCE OF NATURE

Natural Spa Therapy

POYA offers a luxurious line of spa products formulated using only the finest ingredients that are ethically sourced and naturally derived.

SPA PRODUCTS

- Dead Sea Mineral Salt Scrub
- French Clay Face & Body Mud
- Atlantic Seaweed Face & Body Mud
- Dead Sea Mineral Face & Body Mud
- Aloe Vera Massage Butter
- Deep Tissue Massage Lotion
- Easy Glide Premium Gel
- Unscented Massage Oil

Customize your clients treatment with our nine synergy blends

POYA SPA PRODUCTS

POYA Spa treatment begins with full body exfoliation using the three in one salt scrub, followed by a choice of luxurious cream based muds, each has its own unique benefits that will address clients specific needs.

The final stage in pampering your client entails a choice of choice of butter, lotion, gel or oil for deep tissue or relaxing massage.

Enhance and customize your clients treatment with our nine synergy blends

Customizing Synergy Blends

- Age Defying
- Cellulite
- Relax
- Tranquil
- Clarity
- Breathe Easy
- Head Ease
- Pain Relief
- Pillager's Potion

Our exclusive therapeutic and signature blends allow complete customization to meet the special needs of clients

Age Defying

Key Ingredients

- Lavender Renewal and healing
- Mandarin Rich in Vitamin C, boost collagen promotion, helps with fine lines and wrinkles
- Geranium Improves circulation
- Helychrsum Soothing & rejuvenating benefits
- Frankincense Promote new skin cell growth/anti-aging
- Palmarosa Hydrating
- Ylang Ylang Help with elasticity

Cellulite

Key Ingredients

- Black Pepper Improve blood circulation & helps to remove fatty tissue
- Cedarwood Tightening skin
- Cypress Boost circulatory system & minimize fluid retention
- Fennel Sweet tissues Powerful diuretic properties, prevent water retention, effective for braking fatty
- Grapefruit Pink Tighten & eliminating toxin
- Juniperberry Increasing blood circulation
- Litsea cubeba Cleansing agent
- sage Detoxifying

Relax

Key Ingredients

- Blood Orange Calming and relaxing
- Patchouli Calming and grounding
- Bergamot Reducing feelings of anxiety
- Ylang Ylang Reducing negative feelings (anger, anxiety and stress)
- Grapefruit Pink Relaxing and uplifting feelings in the result of its antidepressant properties

Tranquil

Key Ingredients

- Lavender Relaxing and calming
- Mandarin Lessen distress and encourage absolute tranquility and calmness
- Geranium Evoke a sense of relaxation and inner peace
- Marjoram Comforting and soothing during times of emotional distress and provides internal tranquility
- Palmarosa Calming
- Ylang Ylang Reducing negative feelings (anger, anxiety and stress)

Clarity

Key Ingredients

- Grapefruit Clear citrus scent promote mental clarity and awareness and relieve mental fatigue
- Bergamot Reducing feelings of anxiety
- Basil Relieves anxiety and nervous fatigue. It enhances memory and mental clarity
- Lemon It has antiseptic and immune stimulating properties. It is purifying and uplifting

Breathe Ease

Key Ingredients

- Ravensera Helps to loosen up this excess phlegm and tonic to fight infection
- Eucalyptus Help to relieve congestion
- Lemon Supports healthy respiratory function
- Laurel Leaf Helps clear and open up respiratory passageways and can help relieve stuffiness or breathing problems caused by allergies or colds
- Peppermint Lends a refreshing scent, opening the breathing passages and purifying the air
- Cardamom Support respiratory health

HeadEase

Key Ingredients

- Basil Improve blood circulation
- Chamomile Soothing/calming effect
- Frankincense Anti-inflammatory
- Lavender Sedative & relaxing properties
- Peppermint Stimulate blood flow, cooling effect
- Rosemary Natural analgesic and anti-inflammatory properties
- Marjoram Well-known natural analgesic & anti-spasmodic
- Wintergreen Stimulates blood circulation around the affected tissues and muscles

Pain Relief

Key Ingredients

- Peppermint Cooling effect, Relieving pain
- Clove bud Numbs & Soothe the pain
- Wintergreen Stimulates blood circulation around the affected tissues and muscles
- Helichrysum Anti-inflammatory

Pillager's Potion

Key Ingredients

- Clove Bud Boost the immune system, contain anti-inflammatory properties
- Lemon Powerful antioxidant but also helps clean and purify the body and skin. It helps to strengthen the immune system as well
- Cinnamon Powerful antibacterial/antiviral , support Immune system, decrease inflammation, increase circulation and fights free radicals
- Eucalyptus Helps to boost the respiratory and immune systems. It also helps to fight bacterial infections
- Rosemary Helps to protect the body from bacterial infections, increases circulation, helps to boost the immune system and helps to reduce inflammation

Blending Guide

EXFOLIANT

Dead Sea Mineral Salt Scrub : Disperse $\frac{1}{4}$ cup exfoliator into mixing bowl. Add 10-15 drops of your choice of synergy blend. You may use more or less depending on personal preference. Mix well

MUD WRAP

Dead Sea Mineral Face & Body Mud/ Atlantic Seaweed Face & Body Mud/ French Clay Face & Body Mud:

Dispense $\frac{1}{2}$ cup body mud into separate mixing bowl, Add 10-15 drops of your choice of synergy blend. You may use more or less depending on personal preference. Mix well

HYDRATION & MASSAGE

Deep Tissue Massage Lotion, Easy Glide Massage Gel, Unscented Massage Oil & Aloe Vera Massage butter: Dispense $\frac{1}{4}$ cup into mixing bowl. Gently warm the base of choice and add 10-15 drops of synergy blend. Mix well.

Dead Sea Mineral Salt Scrub

Key Ingredients

- Dead Sea Mineral Salt
- Grape seed oil
- Sunflower
- Coconut oil
- Sweet Almond oil
- Avocado oil
- Micronized Luffa

Product Highlight

- Dull, dry skin is massaged away to reveal a fresh glow with this stimulating formula containing three different sizes of rich mineral and therapeutic Dead Sea Salts. Natural Luffa and a special blend of Grape seed, Avocado, Coconut, Sweet almond and Sunflower Oils are added to replenish and soften skin.

3 in1 Scrub
exfoliate, detoxify and tone

French Clay Face & Body Mud

Key Ingredients

- French Pink Clay
- Kaolin Clay
- Shea Butter
- Grape seed oil
- Sunflower
- Coconut oil
- Sweet Almond oil
- Avocado oil
- Rosehip oil
- Sesame oil

Product Highlight

- This deeply hydrating cream-based mud, contains natural pink clay extracted from the Provence region of France. Sugar cane extract, Sugar maple extract, orange extract, lemon extract, bilberry extract & Rose damenscena flower oil are infused into the mud to accelerate cell renewal and moisturization.

Refine, soften and enhance cell renewal

Atlantic Seaweed Face & Body Mud

Key Ingredients

- French Green Clay Unique mineral clay valued for its highly absorbent properties
- Grape seed oil
- Shea butter
- Sunflower
- Sweet Almond oil
- Avocado oil
- Sesame oil
- Seaweed Powder Eliminating toxins from the skin, Improves age spots, eczema, acne & rashes

Product Highlight

- Most effective cream-based mud for firming, stimulating and toning, utilizes rich concentrations of Spirulina, Kelp powder derived from active seaweed varieties.
- French Green Clay absorbs and removes impurities from the skin, stimulating blood flow to create healthy and glowing skin. When prepared as a mask, the clay dries on the skin causing pores to tighten and the skin to feel firm, toned and refreshed.

Detoxifying, Firming and Toning

Dead Sea Mineral Face & Body Mud

Key Ingredients

- Dead Sea Mineral Mud
- Bamboo Charcoal
- Kaolin Clay
- Shea Butter
- Grape seed oil
- Coconut oil
- Avocado oil
- Sesame oil
- Sunflower
- Sweet Almond oil
- Rosehip oil
- Aloe Vera Extract



This mud is loaded with rich mineral and other nutrients which helps in getting back the natural glow of the skin. It contains minerals like potassium, calcium, magnesium and copper. Suitable for all skin types.



Penetrates deeply to the top six layers of the epidermis, enhancing the moisture content of the skin thus providing a soft, healthy and rejuvenated appearance.

Product Highlight

- Removes impurities and improve skin texture with this high mineral content mud.
- Stimulates blood circulation, and leaves the skin feeling energized.

Enhance cell renewal and aids in improving skin tone.

Aloe Vera Massage Butter

Key Ingredients

- Shea Butter
- Fractionated Coconut Oil
- Grape seed oil
- Sweet Almond oil
- Sunflower oil
- Vegetable Glycerin
- Aloe Vera Extract
- Vitamin E

Product Highlight

- Unscented, luxuriously silky, this ultra-hydrating massage butter contains pure Shea Butter, and replenishing oils of Grape seed, Sweet Almond, Coconut oil and Sunflower. Aloe Vera extract that is specially added to protect the skin while retaining moisture.

Protect skin and retain moisture

Aloe Vera Massage Butter

Shea Butter

- Rich source of antioxidants
- Wrinkles, fine lines, scar repairing
- Deeply moisturizing

Coconut fractionated

- Feather-light oil that absorbs readily into the skin without clogging pores
- Excellent for dry, troubled skin

Grapeseed oil

- Wrinkle and scar reduction
- Prevention of acne
- Skin balancing
- Restoration of collagen
- Tightening and toning

Sweet Almond oil

- Makes skin healthier
- Reduce dark circles

Sunflower oil

- Moisturizing
- Sun protection (high beta-carotene)
- Anti-aging

Vitamin E

- Antioxidant
- Protects & repairs skin
- Eliminate brown spots

Deep Tissue Massage Lotion

Key Ingredients

- Grape seed oil
- Sesame
- Apricot
- Canola
- Shea butter
- Baobab
- Andiroba
- Rosehip
- Argan
- Aloe vera
- Ginseng
- Milk thistle

Product Highlight

- This massage lotion is a luxurious and unique blend laden with exotic oils of Andiroba and Baobab and fortified with Aloe Vera and Ginseng Extract to help moisturize dry rough skin. This offers the intense glide of an oil combined with the easy workability of a creamy lotion, without the greasy after-feel.

No Mineral oils or drying alcohols.

Massage Therapy Options



Deep Tissue Massage Lotion

Milk Thistle Extract

- ✓ Reduce inflammation
- ✓ Helps to get rid of free radicals and chemicals in ones body
- ✓ Good antioxidant
- ✓ Helps to reduce cell damage
- ✓ Have anti aging properties

Ginseng Extract

- ✓ Reduce inflammation
- ✓ Helps to get rid of free radicals and chemicals in ones body
- ✓ Good antioxidant
- ✓ Helps to reduce cell damage
- ✓ Have anti aging properties

Aloe vera Extract

- ✓ Moisturize the skin. It helps to reduce the flakes and restoring suppleness
- ✓ Removes wrinkles
- ✓ Anti aging and healing agent

Easy Glide Massage Gel

Key Ingredients

- Grape seed oil
- Apricot oil
- Sesame oil
- Argan oil
- Canola oil
- Green tea
- Vitamin E

Product Highlight

- Massage Gel provides smooth satiny glide. Grape seed oil, Apricot oil, Sesame oil and Shea butter deliver rich nutrients to the skin.
- Green tea has a soothing and healing properties which helps reduce stress.
- This Gel Oil base offers more coverage than typical oils, so you use much less.
- Water-dispersible.

A gentle light weight, non-greasy oil based formulation

Easy Glide Massage Gel

- **Green Tea**
 - Moisturizing & Antioxidant properties
 - Rich in polyphenols has anti aging properties
 - Potent Anti-inflammatory properties
- **Vitamin E**
 - Excellent antioxidant properties
 - Protects & Repairs skin
 - Eliminate brown spots

Unscented Massage Oil

Key Ingredients

- Grape seed oil
- Almond Sweet
- Coconut fractionated oil
- Olive oil
- Calendula
- Ginseng
- Ginkgo biloba
- Banaba

Product Highlight

- This unscented oil blend is formulated for clients who are sensitive to scents. This base has a light consistency leaving you with a beautiful silky feel. The combination of Coconut Oil, Ginseng and Calendula Extracts aids in improving blood circulation and benefit the skin's overall moisture. This oils provides the ideal slip for a full-body massage, while lending enough friction for deep-tissue work.

Silky & Lightweight for all skin types

Unscented Massage Oil

Calendula

- ✓ Calendula oil is often used for dry or damaged skin. It has natural restorative properties that infuse the skin with a youthful glow
- ✓ Protect the skin from premature aging and thinning of the skin

Ginseng Extract

- ✓ Reduce inflammation
- ✓ Helps to get rid of free radicals and chemicals in ones body
- ✓ Good antioxidant
- ✓ Helps to reduce cell damage
- ✓ Has anti aging properties

Ginkgo Biloba Extract

- ✓ Ginkgo biloba has also been found to improve the skin's protection from UVB rays and improve the production of collagen, which helps to keep the skin firm and youthful.

Banaba Extract

- ✓ It is suggested to be good at reducing the effects of aging and photo-aging, and also for the treatment of itchiness, dermatomes, acute dry skin and acne.

Polish . Renew . Hydrate

- Dead Sea Mineral Salt Scrub
- French Clay Face & Body Mud
- Aloe Vera Massage Butter
- Deep Tissue Lotion *or*
- Easy Glide Premium Gel *or*
- Unscented Massage Oil

Detox. Purify. Revitalize

- Dead Sea Mineral Salt Scrub
- Dead Sea Mineral Face & Body Mud
- Aloe Vera Massage Butter
- Deep Tissue Lotion *or*
- Easy Glide Premium Gel *or*
- Unscented Massage Oil

Firm. Sculpt. Tone

- Dead Sea Mineral Salt Scrub
- Atlantic Seaweed Face & Body Mud
- Aloe Vera Massage Butter
- Deep Tissue Lotion *or*
- Easy Glide Premium Gel *or*
- Unscented Massage Oil